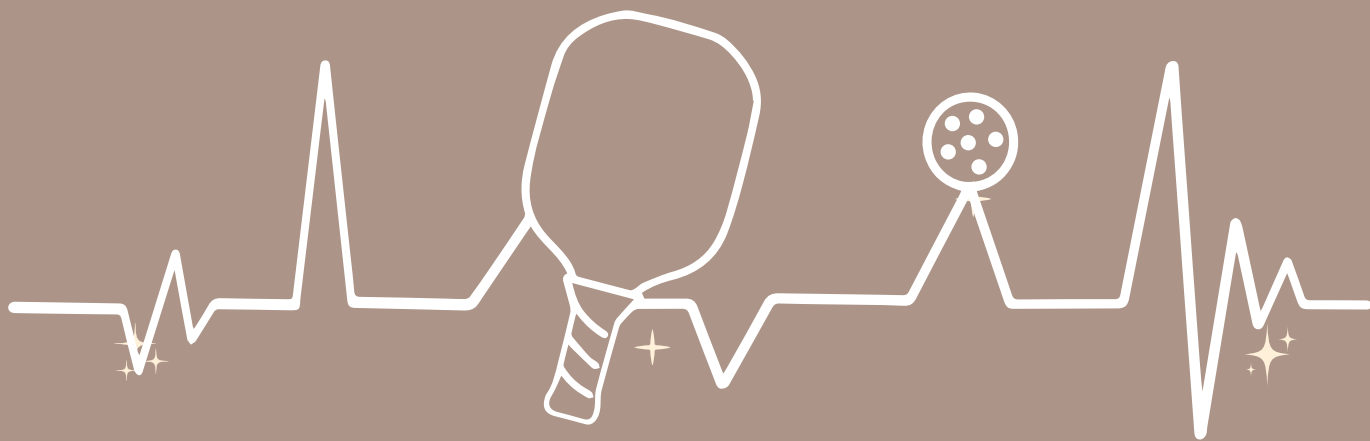


JOIN US IN A 7-DAY RETREAT



MARCH 2024

PICKLEBALL RETREAT



WELCOME

BY CHATEAU DE BEAUPUY

Across generations, the legacy of my family has been intricately woven into the viticultural tapestry of Lot-et-Garonne.

As an adult, my aspiration was to embrace and preserve a part of this rich heritage.

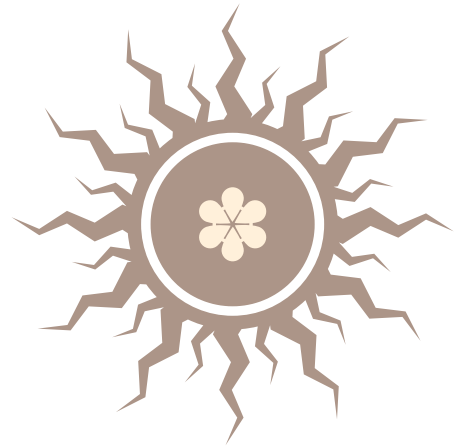
In 2018, the fulfillment of this dream materialized through the acquisition of the Château de Beaupuy—a sanctuary resonating with the memories of villagers and the footsteps of my ancestors.

This transformative moment was met with the wholehearted embrace of my husband and three children, who approached the opportunity with boundless enthusiasm and shared passion. Collaboratively, we envisioned and brought to life a haven that reflects our familial history.

Guided by our entrepreneurial spirit and fueled by our shared love for pickleball, we meticulously crafted a luxurious, spacious, and inviting space, tailor-made for hosting retreats. Central to this endeavor are the principles of the art of living and working, emphasizing well-being and embodying our cherished values.

Our collective journey has resulted in a unique haven, a testament to the amalgamation of familial history and contemporary vision. With open hearts, we extend an invitation to you to share in the beauty and warmth of this remarkable adventure at Château de Beaupuy.

THE RETREAT



THE THREE PILLARS



Welcome to our retreat at Château de Beaupuy, where we've curated an extraordinary experience centered around 3 pillars

Culture **Pickle ball** **Well-being**

As the heartbeat of our retreat, pickleball takes center stage, offering guests the chance to engage in spirited play and camaraderie. Amidst the stunning backdrop of our region, participants will embark on incredible sightseeing ventures, immersing themselves in the local culture and history. Beyond the courts and explorations, we prioritize well-being, fostering a positive mindset through activities that rejuvenate the body and soul. Join us for a unique blend of pickleball passion, cultural discovery, and personal well-being at our retreat—an unforgettable journey awaits.

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ABOUT THE LOCATION

Our retreat unfolds in a 16th-century castle set in the scenic Lot et Garonne region of southwestern France. Immerse yourself in the unique charm of this historic venue, blending timeless elegance with tranquil surroundings.



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YOUR ACTIVITIES

Mornings are reserved for pickleball clinics, setting an energetic tone for the day. Afternoons are dedicated to exploring, tasting, and discovering the delightful treasures of Aquitaine in southwestern France.



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FAQ

Explore our FAQs for all the essential details about our retreat – from accommodations to activities. Need more info? Our friendly team is here to help every step of the way!

CHATEAU *de* BEAUPUY

A 16TH-CENTURY MARVEL OF ARCHITECTURE AND HISTORY

The Chateau de Beaupuy is located in Aquitaine, between Bordeaux and Toulouse.

History of Beaupuy goes back to prehistoric times. The village was located at the limit of the large forest of Périgord. Many flints were discovered and sold to the University of Bordeaux.

Built in 1551, the Chateau de Beaupuy belonged to the family Auber de Peyrelongue. The carcass work could date from the 18th century. Deeply altered and refaced with terra cotta decoration, the Chateau de Beaupuy was renovated in the second half of the 19th century. The two towers were demolished between 1906 and 1920.

The Lot-et-Garonne, embodies all the values that found the spirit of the Southwest of France. Authentic and friendly, it promises warm encounters to all lovers of green tourism. Gourmand and generous, it is the first French department for the diversity of its cultivated fruits and vegetables. Agen prunes, Marmande tomatoes, strawberries, kiwis, wines ... gastronomy and local products are part of its identity. Welcoming and steeped in history, the Lot-et-Garonne offers a host of cultural, recreational and leisure activities for a beautiful holiday (St-Emilion, Dune du Pilat, Canal du Midi, Bordeaux,...)





DAY 1



Journey Through Time Marmande & Duras Exploration

↻ Daily Recap

- 8 am Breakfast
- 9-11 am **Pickleball** Clinic
- 11-12pm Get Ready
- 12-1pm Lunch Time
- 1-5pm Visiting Marmande & Duras
- 5-7pm Bocce Ball tournament
- 7pm Dinner

📍 Detailed Itinerary

Embark on a 3-hour guided tour led by a local Marmandais, exploring the vibrant cities of Marmande and Duras.

- Discover **Marmande**, as you traverse the historical streets, your local guide, a proud Marmandais, will unveil the hidden gems and untold stories of this city.
- Dive into the heart of **Duras**, famed for its medieval bastide and commanding castle overlooking the Côtes de Duras vineyards.

Savor Saint-Émilion: Vineyards to UNESCO Marvels

DAY 2

Daily Recap

- 8 am Breakfast
- 9-11 am **Pickleball** Clinic
- 11-12pm Get Ready
- 12-1pm Car Ride
- 1-2pm Lunch at “Le Jardin”
- 2-5pm Wine Tasting & Sightseeing
- 5-6pm Car Ride back home
- 7pm Dinner



Detailed Itinerary

Before exploring the city of Saint-Émilion, our journey kicks off with a visit to renowned vineyards, beginning with the historic "Château Soutard."

This distinguished estate, home to the famed "Le Jardin" restaurant, sets the stage for a delightful experience of regional flavors.

After this culinary prelude, we'll delve into the UNESCO World Heritage site of Saint-Émilion, where each cobblestone and historic structure unfolds captivating tales of centuries past. Join us on this charming journey of discovery and delight.



Garonne Odyssey: A Serene River Exploration



DAY 3

Daily Recap

- 8 am Breakfast
- 9-11 am **Pickleball** Clinic
- 11-12pm Get Ready
- 12-1pm Lunch
- 1-3pm Boat Ride
- 4-5pm Visit of Couthures
- 5-6pm Relaxation time
- 7pm Dinner

Detailed Itinerary

Embark on a serene two-hour boat ride along the iconic Garonne River, tracing its origins in the Spanish Pyrenees through the picturesque landscapes of southwestern France. As we navigate past the historic village of Couthures-sur-Garonne, known for its centuries-old architecture and unique floating village concept. This enchanting journey promises a perfect blend of natural beauty, cultural heritage, and the warm hospitality of Couthures-sur-Garonne.



Garonne Odyssey: A Serene River Exploration



DAY 3

Daily Recap

- 8 am Breakfast
- 9-11 am **Pickleball** Clinic
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- 12-1pm Lunch
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WHAT TO PACK

Pickleball and Active Wear

Paddles will be provided, but feel free to bring your own if you have a preferred or personalized choice!

Outdoor and Activity Gear:

Consider packing a pair of comfortable walking shoes, as there will be some leisurely strolls during sightseeing, ensuring you stay comfortable without compromising on style.

Travel Essentials

- Important documents (e.g., passport, tickets, travel insurance).
- Electronics and chargers (e.g., phone, camera, laptop).
- Travel-sized first aid kit and any necessary medical supplies.



PICKLEBALL RETREAT

MARCH '24